Integrated study course: Train-the-trainer for professionals, informed by the insights of Rudolf Steiner

When:
9.00 am until 6.00 pm

Where:
Sophia Mundi School
Melbourne

Who:
Facilitated by Dr Christoph Meinecke, Cristina Meinecke and Kirsten Schreiber, founders of the Familienforum Havelhoehe and creators of the Parenttraining Course

Train-the-trainer course, themes of the course:

What does the human being need

• The four homes
• What troubles me, what troubles the child, what security does my child need
• Practical session: What can we do to be less troubled, less worried; questions and reflections

How do I become human

• The development of the child in the first three years (walking, talking, thinking) and how does this influence later life
• The development of the will and the inner disposition of the educator
• The senses

How can we care for the senses and protect them from over stimulation
• How do the senses influence our behaviour
• Practical session (senses)
• My own biography, the child in me, the influence this has on being a parent
How am I as a human being

- Relationships, bonding and communication
- What makes/creates a relationship, what does a relationship need, how does this find a place in everyday life
- Practical session on relationship, bonding and communication
- Rules and setting limits between rigidity and arbitrariness, daily structures, rituals and consequences
- Practical session - dealing with rules and consequences
- Partnership and being a parent, how does that work together
- Practical session: Resolving conflict and the culture of dispute/disagreements
- Review, reflection

Christoph Meinecke
Medical doctor for children and youth, Psychotherapist, Anthroposophical medicine (GAAED), Founder of the Familienforum Havelhoehe, School doctor in Stuttgart and Berlin.

My main aim is to convey understanding and love for the being of the child so that families can become a home where everyone can develop in freedom, honesty and with clarity, trust, respect, joy and confidence.

Cristina Meinecke
Trained in curative education, experienced in anthroposophical parent education, counselling, early childhood and support for mother and child.

My aim is to enable the young child to develop and grow in his/her own unique way.

Kirsten Schreiber
Social worker and manager, Partner-and family therapist, music therapist.

My aim in my work at the Familienforum; pedagogically, therapeutically and in business management, is to discover, explore and respect human relationships and encounters regardless of age, profession or social status.

Sponsored by the Ligsma Kirpe Trust
Cost: $660 (morning tea, lunch and afternoon tea included)
Venue: Sophia Mundi Steiner School, St Mary’s Abbotsford Convent, 1 St Heliers Street, Abbotsford, Vic 3067
Accommodation: Organised by you or contact Cheryl Nekvapil
Registration: Tatjana Samson tesamson63@gmail.com and Cheryl Nekvapil cherylenekvapil@yahoo.com

Limited numbers so get in early!
Timetable

Monday-Friday

9.00-10.30
Part 1/5/9/13/17
Exercises, reflections, deepening of the daily content

11.00-12.30
Part 2/6/10/14/18
Themes: What does the human being need, How do I become human, How am I as a human being

14.30-16.00
Part 3/7/10/14/19
Practical exercises

16.30-18.00
Part 4/8/11/15/20
Reflections, Exercises and lectures